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## Pelvic Pain and Urgency/Frequency Patient Symptom Scale (PUF Scale)

		0	1	2	3	4	Symptom Score	Bother Score
1	How many times do you urinate during the waking hours?	3-6	7-10	11-14	15-19	20+		
2	How many times do you get out of bed to urinate?	0	1	2	3	4+		
	If you get up at night to urinate, to what extent does it usually bother you?	None	Mild	Moderate	Severe			
3	Are you currently sexually active? Yes <input type="checkbox"/> No <input type="checkbox"/>							
4	If you are sexually active, do you now or have you ever had pain or urgency to urinate during or after sexual intercourse?	Never	Occasionally	Usually	Always			
	Has pain or urgency ever made you avoid sexual intercourse?	Never	Occasionally	Usually	Always			
5	Do you have pain associated with your bladder or in your pelvis (vagina, lower abdomen, urethra, perineum)?	Never	Occasionally	Usually	Always			
6	Do you still have urgency shortly after urinating?	Never	Occasionally	Usually	Always			
7	If you have pain, is it usually:		Mild	Moderate	Severe			
	How often does your pain bother you?	Never	Occasionally	Usually	Always			
8	If you have urgency, is it usually:		Mild	Moderate	Severe			
	How often does your urgency bother you?	Never	Occasionally	Usually	Always			

Interpretation:

0-4 = Negative  
5-9 = 57% Interstitial Cystitis  
10-14 = 75% Interstitial Cystitis  
15-19 = 79% Interstitial Cystitis  
20+ = 93% Interstitial Cystitis

**Symptom Score**

**Bother Score**

**Total Score**